

HOT SPRINGS COUNTY COMMUNITY RESOURCE GUIDE

*This list includes resources available for support and assistance in Hot Springs County.
We do our best to keep this up-to-date. Please let us know of any updates needed.*

Financial Assistance

YCAN: YELLOWSTONE COUNTRY ASSISTANCE NETWORK.....307-864-3322

Provides assistance to low-income families. Applicants can receive help with rent, deposits, utility payment, education assistance, medical and dental assistance, etc. The Help Center serves as the main point of contact for Hot Springs County. (Help Center 426 Big Horn St. Thermopolis. Open Tues, Wed, Thurs from noon to 3pm)

<https://ycanhelp.org/hot-springs-help/>.

DEPARTMENT OF WORKFORCE SERVICES.....307-856-9231

Unemployment, worker's compensation, job search. <https://dws.wyo.gov/>

DEPARTMENT OF FAMILY SERVICES.....307-864-2158

SNAP Benefits (food stamps), POWER, LIEAP, Weatherization, Child Care Assistance, Homeowner Assistance Fund (HAF). Also have applications for Medicaid, Wyoming Birth Certificates, and Social Security Card applications. (403 Big Horn St. Thermopolis. Open M-F, 8 am to 5 pm)

LIEAP.....800-246-4221

Assistance with utilities and weatherization. Applications are online. <https://www.lieapwyo.org/> Please note: LIEPP applications are accepted yearly from October 1st through February 28th. Weatherization applications are accepted all year long. The Senior Center (307-864-2151) or the Help Center (307-864-3322) can assist in completing the online application if needed.

Infant Care Supplies

WIC.....307-347-9249

Helps with formula and other food needs. Call to schedule a local appointment.

Online appointment form can be found here: <https://wywicapply.health.wyo.gov/#/>

DIAPER & FORMULA BANK.....307-864-3322

Diapers and formula vouchers are available at the Help Center.

PUBLIC HEALTH.....307-864-3311

For any prenatal, postnatal or infant/child concerns, you can contact Public Health. (117 N. 4th St. Thermopolis)

Welcome Home packages are also available to moms with newborns. A short phone visit is required.

Pharmacy Delivery

HOT SPRINGS PHARMACY.....307-864-2369

Curbside pickup and delivery (there is a small fee). Also offer pill packs for a fee. 600 S. 6th St. (inside Mack's Market)

Grocery

MACK'S MARKET (600 S. 6th St)307-864-3112

FAMILY DOLLAR (514 S. 6th St)307-370-1283

NATURE'S CORNER (530 Broadway)307-864-3218

DOLLAR GENERAL (720 Shoshoni St.).....307-291-8081

Meal Preparation / Food Distribution

HOT SPRINGS COUNTY SENIOR CITIZEN'S CENTER.....307-864-2151

Dine-in meals are available daily from 11:30-1:00p.m. Take-out and home-delivered meals are also available to individuals who qualify (must request take-out and home-delivered meals before 10am to receive them the same day).

Ages 60 & over, suggested donation is \$5.00. (206 Senior Ave. Thermopolis)

PEOPLE FOR PEOPLE FOOD PROGRAM.....307-921-8264

Episcopal Church 642 Arapahoe St. Thermopolis - Provides a free meal every Sunday at 12:30p.m. Pick up or delivery.

BACKPACK PROGRAM.....307-921-8264

Provides easy to fix meals for school age children on the weekends and over holiday breaks.

RIVER OF LIFE FELLOWSHIP FOOD MINISTRY.....(leave message) 307-864-3452

Partner with VFW Post 2281, Food Bank of Wyoming, and the Wyoming Hunger Initiative.

Food Distribution is 3rd Thursday of the month 10:00am-1:00pm. 302 Broadway St. Thermopolis. Call for emergency food.

MESSIAH'S MALL (Food & Clothing Pantry)..... 307-921-0367

Risen Son Southern Baptist Church 320 Amoretti Thermopolis

Open 3rd weekend of every month. Saturday 10:00-11:30am, Sunday 1:00-2:30pm.

COMMUNITY FEDERATED CHURCH (Food Pantry).....(a.m. only) 307-864-2524

Open the 3rd Sunday of each month 11:30 a.m. - 12:30 p.m. & the 3rd Tuesday of each month 10:30 a.m. - 11:30 a.m.

631 Big Horn Street in the Fellowship Hall - Thermopolis

ODD FELLOWS FOOD PANTRY.....307-921-0089

Located left of the entrance of Town Hall (420 Broadway Street). Filled with free food & essentials. Operates on the honor system. Take what you need or donate what you can. No questions asked. Available 24/7.

If an emergency: Call the Philips Help Center (864-3322) or River of Life Church (864-3452)

Healthcare

HOT SPRINGS HEALTH THERMOPOLIS CLINIC.....307-864-5534

120 N. C Ave. Thermopolis

HOT SPRINGS HEALTH HOSPITAL & ER.....307-864-3121

150 E. Arapahoe St. Thermopolis

HOT SPRINGS COUNTY PUBLIC HEALTH.....307-864-3311

117 N. 4th St. Thermopolis

PAINTBRUSH DENTAL.....307-864-9411

110 E. Arapahoe St. Thermopolis

COMMUNITY HOME HEALTH.....307-864-5585

224 S. 6th St. Thermopolis

THERMOPOLIS EYE CARE.....307-864-2324

420 Arapahoe St. Thermopolis

Healthcare (cont.)

THERMOPOLIS REHABILITATION & WELLNESS.....	307-864-5591
1210 Canyon Hills Rd. Thermopolis	
GOTTSCHE REHABILITATION CENTER.....	307-864-2146
148 E. Arapahoe St. Thermopolis	
RYTE REHABILITATION CENTER.....	307-864-3877
800 Shoshoni St. Thermopolis	
WYOMING PIONEER HOME	307-864-3151
Assisted living facility 141 Pioneer Home Dr. Thermopolis	

Mental Health Support

HIGH COUNTRY BEHAVIORAL HEALTH.....	307-864-3138
General adult, youth and couples' mental health services, family therapy, substance abuse treatment.	
HOT SPRINGS HEALTH HOSPITAL/ER.....	307-864-3121
HOT SPRINGS HEALTH THERMOPOLIS CLINIC.....	307-864-5534
Does not provide clinical mental health services, but they can help monitor mental health medications.	
VA MEDICAL CENTER.....	307-672-3473
Provides support and resources for veterans.	
RIVERTON VA CLINIC.....	307-857-1211
Military veterans can also call 877-222-8387	
TLC COUNSELING - Toni Casciato.....	307-864-3211
Adult, family, youth and couples' mental health services.	
Dr. JENNY TITUS, Psychiatric Nurse Practitioner	888-504-4074
Mental health medication specialist, gene site testing to determine best medications.	
WORLAND BRAIN FITNESS - Kathy Smith	307-431-8005
Provides services in Hot Springs County	
CLOUD MOUNTAIN PSYCHOLOGICAL SERVICES - Yun Cheng, Ph.D.....	307-864-0003
Assessment services, screening for ADHD, depression, anxiety, etc.	
WYOMING BEHAVIORAL INSTITUTE.....	307-237-7444 OR 800-457-9312
Mental Health Clinic, Casper, WY	
THE LIGHTHOUSE	307-347-2995
Crisis Stabilization, Worland, WY	

COMMUNITY STATE-SUBSIDIZED COUNSELING CENTERS:

Thermopolis - High Country Behavioral Health (telehealth available).....	307-864-3138
Worland - Oxbow Center (telehealth available).....	307-347-6162
Lovell - Big Horn Basin Counseling Services	307-548-6543
Riverton - Fremont County Counseling Center	307-856-6587
Cody - Yellowstone Behavioral Health	307-587-2197
Casper - Central Wyoming Counseling Center	307-237-9583

Mental Health Support (cont.)

ONLINE MENTAL HEALTH SERVICES:

Charlie Health..... www.charliehealth.com
Better Help www.betterhelp.com
Talk Space www.talkspace.com
Pride Counseling (LGBTQ+ support)..... www.pridecounseling.com

CRISIS HELP LINES:

Suicide Prevention Lifeline.....CALL OR TEXT 988
Veterans Crisis Line.....CALL 988, press *1*
The Trevor Project - LGBTQ Crisis Hotline.....1-866-488-7386
Crisis Text Line.....Text HELLO to 741741
Trans Crisis Line.....877-565-8860
National LGBTQIA+ Youth Crisis Line.....800-246-7743
National Human Trafficking Lifeline.....888-373-7888
National Drug Helpline: Substance Abuse and Addiction Hotline.....1-844-289-0879
Crisis Prevention & Response Center (CPRC) - Domestic Violence/Sexual Assault.....307-864-4444

EMERGENCIES: POLICE, SHERIFF, FIRE, AMBULANCE.....DIAL 911

Administrative calls to Thermopolis PD.....307-864-3114
Administrative calls to HSC Sheriff.....307-864-2622
Poison Control.....1-800-222-1222
Road Conditions.....1-888-WYO-ROAD (1-888-996-7623)
WY Highway Patrol/Accidents/Emergencies.....1-800-442-9090

Other Supports and Services

WYOMING 211:Dial 2-1-1 or 888-425-7138
Statewide helpline that provides free, confidential information and referrals to health and human services.
Available M-F 8:00 a.m. - 6:00 p.m. Or visit: www.wy211.communityos.org/

CRISIS PREVENTION & RESPONSE CENTER (available 24/7)307-864-4444
Provides services to individuals in regard to domestic violence, sexual assault, stalking, elder abuse, and human trafficking.
Office hours are 9 a.m. - 5 p.m. Monday through Friday. To speak with an advocate after hours please call the number above. Appointments are not required.

HOT SPRINGS COUNTY SENIOR CITIZEN'S CENTER.....307-864-2151
Provides services and opportunities for participation, learning, and socialization to individuals in Hot Springs County.
Services include transportation, application assistance, homemaking, lifeline button install and monitoring, insurance assistance, and much more. Social activities include congregate lunches, coffee club, BINGO, card games, billiards, etc.
We also have information on local support groups. 206 Senior Ave. www.hscseniorctr.com
<https://www.facebook.com/Hot-Springs-County-Senior-Citizens-Center-Inc>

PUBLIC TRANSPORTATION.....307-864-2151
Provided by Hot Springs County Senior Citizens Center, available M-F 8:30am-3:00pm. Call ahead to make arrangements.

THE PHILIPS HELP CENTER.....307-864-3322
427 Big Horn St. Open Tuesday through Thursday Noon-3pm.
Phone, copier, fax, emergency food boxes available, some aid for rent, utilities and medical assistance.

Other Supports and Services (cont.)

DEPARTMENT OF FAMILY SERVICES.....307-864-2158
8:00 a.m. - 5:00 p.m. Monday through Friday-DFS Social Services provides services to individuals related to child and adult protection (abuse and neglect) and juvenile services. Emergency on call assistance available for abuse/neglect/juvenile services. Please contact local law enforcement to request DFS emergency assistance after business hours.

THE LEARNING CENTER @ COMMON GROUND: CWC College and Career Readiness Center
Adult Basic Education (ABE) and High School Equivalency Testing (122 N. 5th St. Thermopolis).....307-240-4405
Open Monday - Thursday 12:00pm-4:00pm and Fridays by appointment 12:00pm-3:00pm

YOUTH ALTERNATIVES DIVERSION PROGRAM307-921-8540
Youth diversion/probation program

HOT SPRINGS COUNTY RECREATION DISTRICT.....307-864-3767
Adult and youth activities. <https://www.hscreation.com/>

VICTIM SERVICES PROGRAM307-864-2004

MINISTERIAL ASSOCIATION.....307-921-9984

HOT SPRINGS COUNTY SCHOOL DISTRICT #1.....307-864-6580

CHILDREN'S RESOURCE CENTER.....307-864-9227
Free developmental screenings, Early Intervention

ASBAROKA HEAD START - THERMOPOLIS.....307-864-5481

HOT SPRINGS COUNTY LIBRARY.....307-864-3104
Open M-F 9am-7pm, Saturday 10am-6pm (344 Arapahoe St. Thermopolis)

MORTIMORE FUNERAL HOME.....307-864-2666

HANDS 2 HELP (Home Health Services).....307-587-4601

STILLWATER HOSPICE OF NORTHERN WYOMING.....307-300-2750
Provides comprehensive hospice services in the Big Horn Basin

THERMOPOLIS-HOT SPRINGS CHAMBER OF COMMERCE.....307-864-3192

ALCOHOLICS ANONYMOUS (AA).....307-921-0880
Meetings held at Water Treatment Cottage 1020 S. 6th St. Thermopolis
Wednesdays 7pm-open discussion; Fridays 7pm-closed book study; Sundays 7pm-open discussion
Saturdays 10am-closed book discussion at 141 Pioneer Home Dr (west end basement library).

NARCOTICS ANONYMOUS (NA).....307-921-0880
Meetings are every Tuesday and Saturday at 7pm - Water Treatment Cottage 1020 S. 6th Thermopolis

AL-ANON - Support program for people whose lives have been affected by someone else's drinking.
Meets every Thursday 6-7pm in the basement of the Community Church Building 244 N. 6th St. Thermopolis.

GRIEF GROUP - Meets first Wednesday of every month from 1-2pm at the Senior Center. 206 Senior Ave.

Other Supports and Services (cont.)

T-TOWN CANCER CRUSADERS - Raises funds to assist Hot Springs County residents diagnosed with cancer by providing financial assistance for travel expenses. Email: towncrusaders@gmail.com

HOT SPRINGS COUNTY PREVENTION COALITION.....www.hotspingscountyprevention.org

Provides prevention education, resources, and tools to support a healthy, safe, and drug-free community.

Email: jcheney@hotsprings1.org

**IF YOU OR SOMEONE YOU KNOW NEEDS
SUPPORT NOW, CALL OR TEXT 988.**



CONNECT



CALL OR TEXT 988
OR CHAT ON
988LIFELINE.ORG

GET HELP



BE CONNECTED TO A
TRAINED CRISIS
COUNSELOR

FIND HOPE



FIND THE HELP AND
HOPE YOU NEED

If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, call 988 for compassionate support.
THERE IS HOPE. YOU ARE NOT ALONE. CALL, TEXT OR CHAT 988.

This Resource Guide is provided by the Hot Springs County Prevention Coalition. If you would like a copy mailed or emailed to you, please email Jennifer Cheney at jcheney@hotsprings1.org or call Public Health at 307-864-3311.

You can also download a copy at www.hotspingscountyprevention.org.

Last updated: 5.17.25