



# **WORKSHOP SCHEDULE**

# MARCH 26-27, 2025 THERMOPOLIS, WY

# **DAY ONE - MARCH 26TH**

8:15AM Registration, Coffee, Snacks

### 8:30AM MORNING SESSION

- Pre-workshop orientation
- Learning suicide first-aid
- Film: Cause of Death?
- Feelings about suicide and experiences with suicide
- Connecting feelings, experiences to suicide first aid

# 12:00PM LUNCH

### 1:00PM AFTERNOON SESSION

- Recognizing "invitations"
- Reasons for living, reasons for dying
- Introduction to the PAL model

### 4:30PM END OF DAY ONE

# **DAY TWO- MARCH 27TH**

8:15AM Coffee, Snacks, Meet & Greet

### 8:30AM MORNING SESSION

- Structure of an intervention
- Process of an intervention
- Film: It Begins with YOU!
- Simulation Case A
- Simulation Case B
- Simulation Case C

# 12:00PM LUNCH

### 1:00PM AFTERNOON SESSION

- Intensive simulations (2.5 hours)
- Resources and self care for caregivers
- Working as a team
- Vision of the future

# 4:30PM CERTIFICATES AWARDED

### ASIST Trainers for this workshop:

Bill Hawley - Johnson County Prevention / AFSP-WY Wendy Morris - Healthy Park County

Workshop brought to you by the Hot Springs County Prevention Coalition. Cost of registration has been paid for with Hot Springs County Prevention Grant Funds through the WY Dept. of Health.