## JOIN US FOR A FREE WORKSHOP!!





## INCREASE YOUR WILLINGNESS, CONFIDENCE, AND CAPACITY TO HELP SAVE A LIFE.

ASIST (Applied Suicide Intervention Skills Training) is a two-day interactive workshop in suicide first-aid. It teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. ASIST is for caregivers and community members of all backgrounds and experiences.

## MARCH 26-27, 2025 8:00AM - 4:30PM (BOTH DAYS)

WORKSHOP WILL BE HELD IN THERMOPOLIS. EXACT LOCATION TBD

## As an ASIST participant, you will gain:





Lunch and snacks will be provided. Space is limited, however, a minimum of 12 participants attending is required for training to occur. Scan QR code to register, or email jcheney@hotsprings1.org.





Workshop brought to you by the Hot Springs County Preyention Coalition. Cost of registration ha<mark>s been pai<del>d for with</del> Hot Springs County <del>Preventi<mark>on Grant Fu</mark>nds through the WY Dept. of Health.</del></mark>